

News from Little Waltham & Great Notley Surgery Patient Participation Group.

As we move towards Autumn, we hope that everyone has been able to enjoy the sunshine despite the record temperatures.

In August we held a very successful cake sale across the two surgeries in aid of Breast Cancer Now, raising more than £1000.00! Thank you to everyone who participated – from cake makers to cake sellers to cake buyers – a brilliant effort all round! We are planning on holding more such events, so keep your eye on the website and Facebook page.

The PPG is currently investigating how we might be able to offer social gatherings such as coffee mornings, art and crafts, card games etc to patients to help promote general well-being and companionship. and once set-up, will post details on the website and in the surgeries.

COVID and Flu vaccination times will be made available in October. If you are eligible then the Surgery will contact you either by text or, if you don't have access to text messages, by letter with the necessary information.

On a negative note, there are still a significant number of people who fail to turn up to their appointments. In July the number was **183** which resulted in **31** hours of lost appointment times. It is understood that we all have busy lives and that unexpected things happen, but, please, if you are unable to attend your appointment then just take a moment to call the surgery, select option 1 and cancel your appointment.

Finally, if you have any suggestions or concerns, then please email us on lw.gn.ppg@hotmail.com.

Thank you.